## LOUDOUN ELITE VOLLEYBALL

## TRANSITION CLUB-TO-COLLEGE POLICY

In the event that a Loudoun Elite Volleyball player is recruited to play college volleyball while still actively participating in our program, it is our steadfast policy to prioritize the seamless transition and continued development of the recruited player. To achieve this, the player's head coach will take proactive steps to establish open and constructive communication with the college coach recruiting the player, while concurrently ensuring the player's optimal development within the club season and their role within their club team..

This communication serves as a foundation for collaboration between the two coaches, aimed at optimizing the recruited player's preparation for her future athletic career in college volleyball. Both coaches will work together to devise a tailored plan that addresses the player's specific needs, strengths, and areas for improvement.

Key aspects of this collaborative effort may include:

- 1. Sharing insights: The head coach of our club will provide the college coach with comprehensive insights into the recruited player's athletic abilities, technical skills, tactical understanding, work ethic, and overall performance within our program.
- 2. Coordinating training: The coaches will coordinate how to best implement any needs and suggestion the college coach may have to best prepare the player for their future career at the collegiate level, while ensuring that the player's development continues seamlessly. This may involve aligning training drills, techniques, and conditioning programs to match the expectations and demands of collegiate-level play.
- 3. Monitoring progress: Regular communication between the coaches may facilitate ongoing assessment of the recruited player's progress and adjustment of training plans as needed. This collaborative monitoring ensures that the player receives targeted support and guidance throughout her transition.
- 4. Addressing challenges: Should any challenges arise during the transition process, the coaches may work together to identify solutions and provide the necessary support to the player. This may include addressing technical deficiencies, adapting to the pace and intensity of collegiate competition, or managing academic and extracurricular commitments.
- 5. Supporting holistic development: Beyond athletic performance, both coaches can communicate in order to prioritize the holistic development of the recruited player, encompassing physical, mental, and emotional well-being. This holistic approach aims to foster resilience, adaptability, and personal growth, essential qualities for success both on and off the volleyball court.